

Providence Clinic Offers Care, Convenience at PDX

Winter sniffles and sneezes got you down? Over-the-counter medications and virtual visits are now within easy reach, thanks to Providence Health & Services' new express care clinic at PDX.

Located just beyond security at the A/B/C checkpoint, the walk-in virtual care clinic is now open with ondemand providers offering treatment for common ailments such as allergies, coughs and colds, headaches, sinus infections and upset stomachs. The clinic also provides a large assortment of over-the-counter health and wellness products and a demonstration of Providence's Circle app for moms and moms-to-be.

Open daily from 5 a.m. to 9 p.m., the airport location features a private room and kiosk where you can initiate a secure video visit with a board-certified provider for diagnosis, treatment for minor illnesses and prescriptions, as needed. The cost of a visit is \$49, and Providence does accept some insurance plans - inquire at the clinic for details. In addition to medical care, the clinic features a large over-the-counter pharmacy as well as general health and wellness products. Please note that while the clinic can prescribe medications, prescriptions will need to be filled at the Target pharmacy in Cascade Station or your preferred location.

One final caveat – the location is post-security, so a badge is required. Because of that, you can't take a child, friend or family member to the clinic, as this isn't a business purpose for badge use.



PSU Partnership Inspires 15 Years of Innovation

How do you set the standard for excellence in waste minimization at airports? Team up with Portland State University!

Since 2003, we've partnered with PSU's Community Environmental Services, giving nearly 40 student interns hands-on experience with reducing waste in a large airport setting. Through the program, student consultants work for one- or two-year terms alongside our team to gain experience solving real-life waste and materials management problems. Here's a quick look at what we've accomplished together.

Beverage Collection Stations at Security

Checkpoints: In 2008, we installed beverage collection stations at security checkpoints to remove liquids from the waste stream. They prevent liquid-filled containers from being sent to garbage or recycling, reduce costs in janitorial service and allow passengers to reuse their containers post-security. In 2012, the students conducted behavior change research to redesign stations, dramatically increasing use.

Tenant Outreach: Students regularly engage with PDX tenants, conducting waste audits and using data to produce customized feedback to design more efficient waste management systems. Students provide training to managers and employees and develop reward programs, creating a culture that embraces waste and materials management. As a result, concessions tenants have a remarkable 63 percent waste diversion rate!

Lunar New Year Brings Lions, **Dragon to Concourse C**

Across the globe, it's estimated that 1.5 billion people celebrate the Lunar New Year. Often those celebrations include a lion dance, designed to usher in good luck.

Thanks to a partnership with Bambuza Vietnam Kitchen, for the second year in a row, we were able to share this unique cultural experience with PDX travelers. Members of the White Lotus Dragon and Lion Dance Company brought their talented team to Concourse C for a performance - and a parade throughout the terminal - that featured colorful costumes, drumming, gongs and cymbals. Stay tuned for the next special celebration at PDX!

PDX Central Waste Area: Through waste audits, students gain a precise understanding of the airport waste stream. In response, the PDX central waste area provides customized recycling options tailored to tenant needs and includes cardboard, mixed recycling, glass, food compost, oil and grease, plastic buckets with a bucket washing station, lightbulbs, Styrofoam and more.

Spring and Fall Cleanups: These events allow all airport tenants and operators to drop off unwanted items - such as retail displays, chairs, signage, equipment and decorations for donation or safe disposal, preventing tons of material from going to the landfill. At the most recent event, students diverted 20 tons of material in partnership with local reuse agencies.

Zero Waste Plan: In 2014, students developed the ambitious Five Years to Zero Waste plan to set a path forward for us to reach zero waste. The plan creates a framework to achieve the goal with specific actions, priorities and targets across all Port of Portland facilities, including PDX.

Food Optimization: Students researched the causes of wasted and surplus food by conducting interviews and surveys with airport restaurants. The resulting study guides future outreach efforts to engage restaurant employees and managers in more efficient practices.

For a behind-the-scenes look, watch the short video at bit.ly/PDXPSU15Years.





Customer Compliments

II PDX is the most awesome airport in the U.S. Where else can you shop completely tax free, have food cart food before going through security, and then have more options like a distillery and even a free movie theater postsecurity? If you have an electric car, there are FREE chargers with no time limits. Paradise by airport standards!



Multnomah Falls Gets LEGO Treatment

Did you know you can see Multnomah Falls without ever leaving the airport? Well, an eight-foot replica created entirely out of LEGO bricks, that is. The amazing installation created by Portland's Erik Mattson is comprised of more than 80,000 strategically-placed bricks, and includes the bridge, trees and tiny people.

Mattson's interest in Legos started when he was a kid with the Imperial Trading Post, a pirate set. Now, he says, "Instead of recreating someone else's world, I created a world that I've been to and it brings that magic back into real life." Watch a video of Erik Mattson explaining his love for the Columbia Gorge at bit.ly/MultnomahFallsatPDX and see the magic for yourself next to the Travel Oregon kiosk in baggage claim.



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Gregg F., Cannon Beach, Ore.

Love at First Flight



Benjamin Cripps and Carline Kintigh fell in love in flight attendant training and they are now engaged. Photo by Victoria Fitch.

It sounds like a Hallmark movie: Two people "meet cute" in Alaska Airlines flight attendant training, fall head over heels for each other, covertly find ways to spend time together, are separated by their jobs for a time and then come back together and become engaged exactly one year after they met.

It's not the latest Hollywood rom-com starring Ryan Gosling and Emma Stone. It's the real-life story of PDX-based flight attendants Benjamin Cripps and Carline Kintigh. Read the heart-warming post – complete with PDX engagement photos! – on the Alaska Airlines blog at <u>bit.ly/AlaskaPDXLoveStory</u>



Stop by the Hollywood Theatre at PDX to see the new shorts running 24/7 throughout the winter. Included in the lineup are films highlighting a day in the life at the Portland Japanese Garden, a look at the art, science and wonder of Laika (pictured above), and even a documentary about #OregonMade films that can only be seen at PDX!

Did You Know?

Familiar faces are moving spaces around the airport this March! Look for Your Northwest Travel Mart to relocate from the center of Concourse C to a storefront next to McDonald's, and The Oregonian News will move from the center of Concourse E to a nearby storefront.



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